

Packages

Weekly rates below have been adjusted to reflect 5 and 4 day weeks as weeks 1, 5, & 6 are four days and weeks 2, 3 & 4 are five days of programming.

	Week 1	Weeks 2, 3, 4	Weeks 5 & 6
1 sess/day	\$216	\$270	\$216
2 sess/day	\$272	\$340	\$272
3 sess/day	\$324	\$405	\$324

The following discounts will be applied to your package fees depending upon the number of weeks registered:

Your package	Discount
1 week:	0%
2 weeks:	3%
3 weeks:	7%
4 weeks:	12%
5 weeks:	17%
6 weeks:	22%

**Additional weekly session rates are as follows: weeks 1,5 & 6 = \$80/wk, weeks 2, 3 & 4 = \$100/wk. The additional sessions cannot be purchased on a stand alone basis and are only offered as supplements to the weekly packages. Simulations are \$20 each.

Level of Skating Guideline

Junior/Intermediate.: Star to Pre-novice

Intermediate/Senior: Pre-novice and higher

Open: All levels

**Final groupings will be at the discretion of the summer school directors based on skaters registered and coaching availability.

All packages include:

- Group Instruction (15min Tues/Thur/Fri)
- Edge Classes (30min Mon/Wed)
- Daily off-ice training (45min)

To Register

Please visit our website at Skateregina.ca to download the registration forms for the summer school. Details for registering are provided on the form. Due to the limited spots available for the school, and in particular simulations, the spots are granted on a **first come first served** basis so register soon.

Cancellation Policy

No cancellations after June 1st unless accompanied by a doctor's certificate. There will be an administration fee of \$60.

Coaching Staff

David Czerniak -

15 min. rate: \$11.00
(306) 550-9963, email:
toepix_2009@hotmail.com
NCCP Level 2

Sheena Goodbrand - 15 min. rate: \$10.00

(306) 696-7182, email: sgoodbrand@sasktel.net
NCCP Level 2, partial level 3

Christine Laprairie - 15 min. rate: \$9, \$11 choreography,

(306) 591-4034, email: christine.laprairie@hotmail.com
NCCP Level 1

Theresa Millette - 15 min. rate: \$12.00

(306) 533-5437, email: tmillette@sasktel.net
NCCP Level 2

Brittney Musleh - 15 min. rate: \$7.00

(306) 535-0827, email: brittney.musleh@gmail.com
NCCP Level 1

Barb Roberts - 15 min. rate: \$13.50

(306) 790-7827, email: barbroberts@sasktel.net
NCCP Level 3

Kyla Sarty - 15 min. rate: \$7.00

(306) 531-8392, email: kylasarty@hotmail.com
NCCP Level 1

David Schultz - 15 min. rate: \$13.50

(306) 570-5118, email: sk.hpteam@sasktel.net
NCCP Level 3

Vicki Schultz - 15 min. rate: \$13.50

(639) 571-2324 email: vickischultz@me.com
NCCP Level 3

Cathy Wright - 15 min. rate: \$13.50

(306) 949-6972,
email: coachcathywright@hotmail.com
NCCP Level 3

Detailed coach bios can be found on the insert.

Please book your lessons with your chosen coach prior to registering for the summer school.



2017 Summer Skating School Brochure

Cooperators Centre Regina, Saskatchewan

6 Weeks

July 4th to August 11th, 2017

LOOKING FOR A PLACE TO?

- Fine tune your skating techniques or skills....
- Get an edge on the competitive season....
- Have fun while training in a world class facility....

**LOOK NO FURTHER THAN THE
SKATE REGINA SUMMER SCHOOL!**

**Training Centre for Skate Canada
National & Provincial
Champions & Challenge Qualifiers**

Contact information:

Email: skateregina@myaccess.ca
Telephone: 306-586-4898
Website: skateregina.ca

Schedule for Mondays and Wednesdays

Mondays: July 10th, 17th, 24th, 31st

Wednesdays: July 5th, 12th, 19th, 26th,
Aug 2nd, 9th

Mondays & Wednesdays - Weeks 1 thru 6

8:00 – 8:45 Jr/Int FS1

8:30 - 8:45 Int/Sr **Off-Ice Jumps**

8:45 – 9:00 Flood

9:00 – 9:45 Int/Sr FS1

9:45 – 10:00 Flood

10:00 – 10:45 Jr/Int FS2

10:45 – 11:15 Jr/Int Edge

11:15 – 11:30 Flood

11:30 – 12:15 Int/Sr FS2

12:15 – 12:45 Int/Sr Edge

12:45 – 1:00 Flood

1:00 – 1:45 Open FS

1:45 – 2:00 Flood

2:00 – 2:45 Int/Sr FS3

Off-ice

10:30 to 11:15 Int/Sr Off-ice

11:30 to 12:15 Jr/Int Off-ice

Schedule for Tuesdays and Thursdays

Tuesdays: July 4th, 11th, 18th, 25th
Aug 1st, 8th

Thursdays: July 6th, 13th, 20th, 27th,
Aug 3rd, 10th

Tues/Thurs Week 1

8:00 – 8:45 Jr/Int FS1

8:45 – 9:00 Flood

9:00 – 9:45 Int/Sr FS1

9:45 – 10:00 Flood

10:00 – 10:45 Jr/Int FS2

10:45 – 11:00 Jr/Int Group

11:00 – 11:15 Flood

11:15 – 12:00 Int/Sr FS2

12:00 – 12:15 Flood

12:15 – 1:00 Open FS

1:00 – 1:15 Flood

1:15 – 2:00 Int/Sr FS3

Off-ice

10:15 to 11:00 Int/Sr Off-ice

11:15 to 12:00 Jr/Int Off-ice

Tues/Thurs Wks 2 - 6

8:00 – 8:45 Jr/Int FS1

8:45 – 9:00 Flood

9:00 – 9:45 Simulation

9:45 – 10:30 Int/Sr FS1

10:30 - 10:45 Flood

10:45 – 11:30 Jr/Int FS2

11:30 – 11:45 Jr/Int Group

11:45 – 12:00 Flood

12:00 – 12:45 Int/Sr FS2

12:45 – 1:00 Flood

1:00 – 1:45 Open FS

1:45 – 2:00 Flood

2:00 – 2:45 Int/Sr FS3

Off-ice

11:00 to 11:45 Int/Sr Off-ice

12:00 to 12:45 Jr/Int Off-ice

Schedule for Fridays

July 7th, 14th, 21st, 28th, August 11th

NO SKATING August 4th

Fridays Weeks 1 thru 6

8:00 – 8:45 Jr/Int FS1

8:30 - 8:45 Int/Sr **Off-Ice Jumps**

8:45 – 9:00 Flood

9:00 – 9:45 Int/Sr FS1

9:45 – 10:00 Flood

10:00 – 10:45 Jr/Int FS2

10:45 – 11:00 Jr/Int Group

11:00 - 11:15 Flood

11:15 – 12:00 Int/Sr FS2

12:00 – 12:15 Flood

12:15 – 1:00 Open

1:00 – 1:15 Flood

1:15 – 2:00 Int/Sr FS3

Off-ice

10:15 to 11:00 Int/Sr Off-ice

11:15 to 12:00 Jr/Int Off-ice

Summer Competitions

Minto July 27 to 30, Ottawa

Manitoba Open July 27 to 30, Winnipeg

Wild Rose August 4 to 6, Edmonton

BC Summer Skate Aug 17 to 20, Vancouver