



SKATECANADA
SASKATCHEWAN

2018/2019

Team Saskatchewan

Development Team

&

Junior Development Team

January 2018



Introduction

This document will describe the vision and goals of Skate Canada – Saskatchewan for the Development and Junior Development Team. It will provide you with information on the direction and expectations of the Skate Canada – Saskatchewan for participating on the both Development and Junior Development Team. It will also explain the criteria for team members and submission requirements for applications to be on the teams.

Vision

To provide Saskatchewan skaters and their coaches the opportunity to participate at all levels. To help develop skaters and their coaches achieve high performance levels in figure skating at the club, regional, provincial, and national levels. To provide a positive and safe environment for all young skaters to participate in the sport of figure skating and to enable figure skating participants to be active in figure skating from “Learn to Skate” through to “Active for Life”.

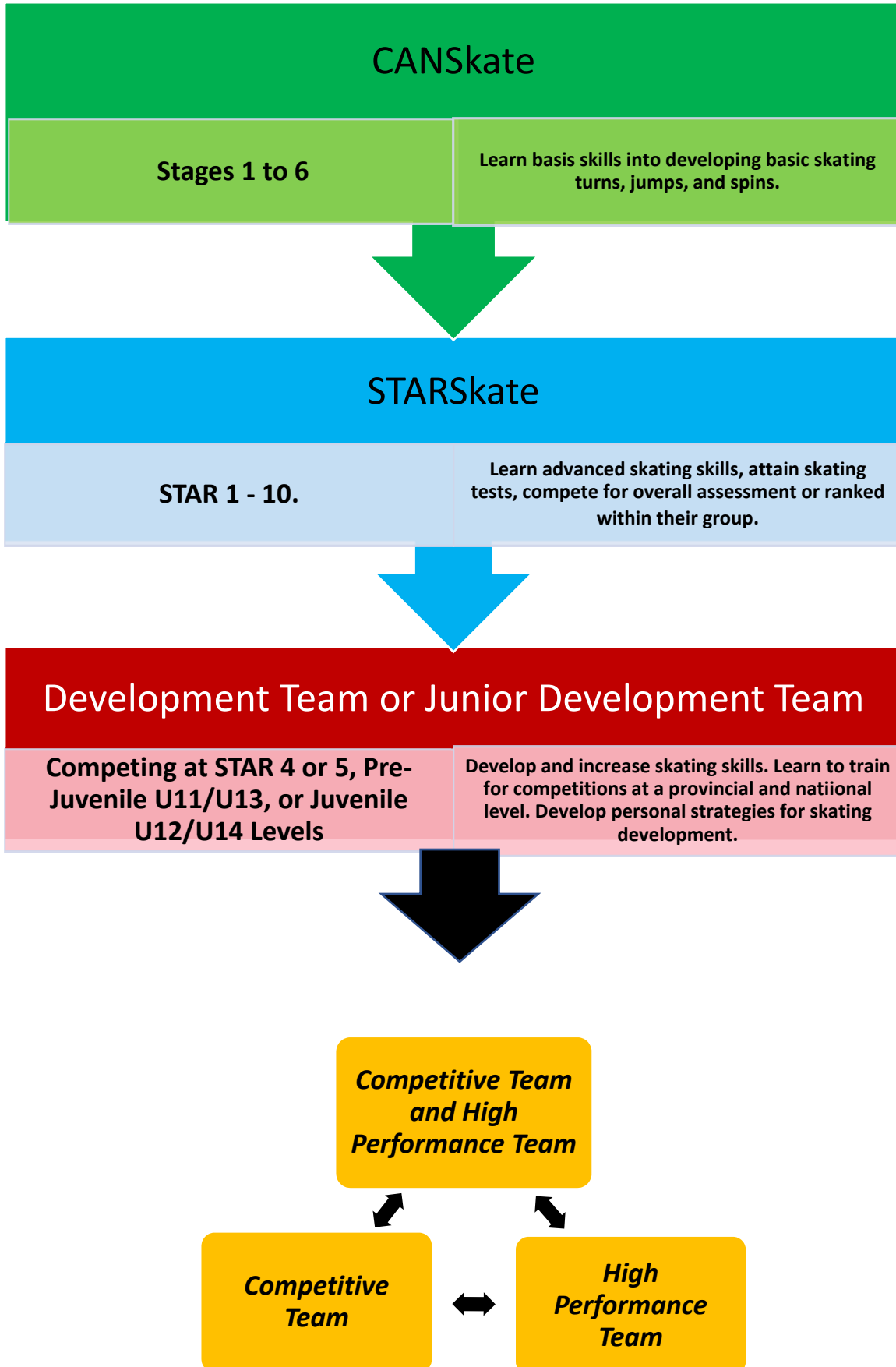
Short Term Goals

To provide support for Saskatchewan skaters and their coaches to adjust their timelines as to have skaters prepared earlier in the season (following Sectional Championships) and to be ready for next year’s Sectionals. To increase the criteria, by raising the standards, to achieve a place on the Development or Junior Development Team. To increase communication and cooperation between Skate Canada – Saskatchewan, Regional Coordinators, Clubs, and Coaches. Be an advocate for skaters and coaches.

Long Term Goals

To increase the standards of performance and skills of Saskatchewan skaters so they are equal to or better than those of other provinces. To facilitate skaters on the Development Team (DT) and the Junior Development Team (JDT) to move smoothly onto the Competitive Team (CT) or the High-Performance Team (HPT). To develop skaters with positive social, emotional, physical, and ethical values and skills.

Skater Development Flow Chart



Development Team Opportunities

- ✚ Subsidized programming
- ✚ Advocate for skaters and coaches from Program Coordinator
- ✚ Exposure to high level skaters, coaches, judges, and technical specialists
- ✚ Facilitate the progression of advancing to the Competitive Team and/or the High-Performance Team
- ✚ Opportunity to access sport science services upon request
- ✚ Participate at: Spring Kick Off Camp (April 6th & 7th, 2018), Performance Camp (August) and Training Days (October)
- ✚ Agree to sell a minimum of one (1) Skaters' Lottery book
- ✚ Opportunity to attend a Rising Stars Seminars as a mentor skater
- ✚ Ongoing monitoring from Program Coordinator from the time they are on the team selection up to Sectional Championships.
- ✚ Your base coach can access information from Program Coordinator.
- ✚ Availability for Program Coordinator to strategize with skater and their coach for the next upcoming competitive season.
- ✚ Skater Development will advocate for provincial skaters and coaches to facilitate successful skaters in their clubs and regions
- ✚ Opportunity to buy a team jacket.
- ✚ \$100 Volunteer Commitment – refundable upon the completion of a minimum of one (1) volunteer shift at Sask Skate

Development Team Criteria, Submission Requirements and Assessment

Criteria

- ✚ Competing at Pre-Juvenile or Juvenile Level
- ✚ Under the age of 14 before July 1st, 2018
- ✚ Attend a minimum of 3 weeks of summer school
- ✚ Compete at a summer competition
- ✚ Must attend Development Team Spring Kick-off Camp
- ✚ Must attend Performance Camp
- ✚ Attend a minimum of one (1) Training Day
- ✚ Must agree sell a minimum of one (1) Skaters' Lottery book
- ✚ Commitment from March 2018 to February 2019
- ✚ Must register for the Saskatchewan Series
- ✚ Must be a member in good standing

Submission Requirements

- ✚ Submit video of jumps and spins in succession
 - 2 or 3 of each jump and spin
 - Axel
 - 2 to 3 Double Jumps
 - Jump combinations; with at least one double jump
 - Flying spin
 - Combination spin; 3 positions and one change of foot
- ✚ Submit video of program (1 or 2 recordings)
- ✚ Keep videos of jumps, spins, and programs to 10 minutes or less
- ✚ Skater will be assessed on technical skills and performance qualities

Assessment of Applicants

- ✚ Using videos to assess skill levels
 - Strong edge and turn control
 - Turn variety
 - Display strength and flexibility
 - Display speed and power
 - Display strong technical skills
 - Display presentational skills while performing program
- ✚ Previous competition scores
 - Spring, Summer, Fall, and Sectionals
- ✚ Observations by Skater Development done from previous camps, seminar, and competitions
- ✚ Communications with skater's base coach
- ✚ Communications with officials.

Applicant Submission Form

2018/2019 DEVELOPMENT TEAM

This application will be with an online format at <http://www.skatecanadasaskatchewan.com> under Skater Development. The following information will be needed to submit a skater.

Skater Application Information

- ❖ Skater's Name, Phone #, Address.
- ❖ Date of Birth.
- ❖ Age as of July 1st, 2018.
- ❖ Parents/Guardian Names.
- ❖ Home Club
- ❖ Email Addresses and Cell #s.

Tests Completed, Competitive Experience and Future Competitive Intentions

- ❖ Highest Test Passed.
 - Free Skate
 - Skating Skills
 - Dance
- ❖ Previous Competing Experience 2017/2018.
- ❖ Current Competing Level.
- ❖ Future Competitive Intentions 2018/2019.
 - Future Competing Level
- ❖ Comments and Pertinent Information.

Skating Goals and Training Plans

- ❖ Summer: Location, Number of Weeks Skating.
- ❖ Fall Training: Location, Number of Weeks Skating.
- ❖ Comments or Pertinent Information.

Video Submission

- ❖ Videos (Jumps, Spins, Program) will be submitted by email to skate.pc@sasktel.net.

Coaches Information

- ❖ Name
- ❖ NCCP Level.
- ❖ Contact Information: Phone #, Cell #, Email Address.

Applicants' coach understand that in registering this skater that she/he meets the parameters of the guidelines listed in the application information and has shown the attitude and commitment that would indicate that she/he could be a future competitive figure skater.

- ❖ Include a yes check box to complete and register skater by coach, so all information is included in when submitting application.

Deadline for applications: February 24th, 2018

- ❖ Team selection will be completed immediately following Jean Norman Competition. Notifications will be sent out immediately following team selection.
- ❖ **Applications:** Skate Canada: Saskatchewan - www.skatecanadasaskatchewan.com

Junior Development Team Opportunities

- ✚ Subsidized Programming.
- ✚ Advocate for skaters and coaches from program coordinator.
- ✚ Exposure to high level skaters, coaches, judges, and technical specialist for team members and their coaches.
- ✚ Facilitate the progression of going to the Competitive Team and the High-Performance Team.
- ✚ Opportunity to access sport science services upon request.
- ✚ Participate at: Spring Kick Off Camp (April 6th & 7th,2018), Performance Camp (August), Training Days (October).
- ✚ Agree to sell a minimum of one (1) book of Skaters' Lotter Tickets.
- ✚ Ongoing monitoring from Program Coordinator from the time they are on the team selection up to Sectional Championships.
- ✚ Opportunity to attend a Rising Stars Seminars as a mentor skater.
- ✚ Availability for Program Coordinator to strategize with skater and their coach for the next upcoming competitive season.
- ✚ Skater Development will advocate for provincial skaters and coaches to facilitate successful skaters in their clubs and regions.
- ✚ Opportunity to buy a team jacket.
- ✚ \$100 Volunteer Commitment – refundable upon the completion of a minimum of one (1) volunteer shift at Sask. Skate / Sask. Open

Junior Development Team Criteria, Submission Requirements, and Assessments

Criteria

- ✚ Competing at STAR 4/5, Pre-Juvenile, Juvenile
- ✚ Under the Age of 12 by July 1st, 2018 (exception for male skaters)
- ✚ Encouraged to attend summer school (preferred to attend)
- ✚ Compete at Sectionals, Other Competitive Competitions, or STAR Skate Competitions
- ✚ Must agree to attend Development Team Spring Kick-off Camp April 6th & 7th, 2018 – Saskatoon, SK.
- ✚ Must agree to attend Performance Camp
- ✚ Attend a minimum of one (1) training day
- ✚ Must agree sell a minimum of one (1) Skaters' Lottery book
- ✚ Team commitment from March 2018 to February 2019
- ✚ Must be a member in good standing

Submission Requirements

- ✚ Submit video of jumps and spins in succession.
 - Lutz
 - Axel
 - Attempted Double Jumps.
 - Camel spin.
 - Sit spin.
 - Combination spin.
 - Flying spin.
- ✚ Submit video of program (1 or 2 recordings).
- ✚ Keep videos of jumps, spins, and programs to 10 minutes or less.
- ✚ Skater will be assessed on technical skills and performance qualities.

Assessment of Applicants

- ✚ Using videos to assess skill level.
 - Strong edge and turn control.
 - Turn variety.
 - Display strength and flexibility.
 - Display speed and power.
 - Display strong technical skills.
 - Display presentation skills while performing program.
- ✚ Previous competition scores.
 - Spring, Summer, Fall, and Sectionals.
- ✚ Observations by Skater Development done from previous camps, seminar, and competitions.
- ✚ Communications with skater's base coach.
- ✚ Communications with officials.

Applicant Submission Form

2018/2019 JUNIOR DEVELOPMENT TEAM

This application will be with an online format at <http://www.skatecanadasaskatchewan.com> under Skater Development. The following information will be needed to submit a skater.

Skater Application Information

- ❖ Skater's Name, Phone #, Address.
- ❖ Date of Birth.
- ❖ Age as of July 1st, 2018.
- ❖ Parents/Guardian Names.
- ❖ Home Club
- ❖ Email Addresses and Cell #s.

Tests Completed, Competitive Experience and Future Competitive Intentions

- ❖ Highest Test Passed.
 - Free Skate
 - Skating Skills
 - Dance
- ❖ Previous Competing Experience 2017/2018.
- ❖ Current Competing Level
- ❖ Future Competitive Intentions 2018/2019.
 - Future Competing Level
- ❖ Comments and Pertinent Information.

Skating Goals and Training Plans

- ❖ Summer: Location, Number of Weeks Skating.
- ❖ Fall Training: Location, Number of Weeks Skating.
- ❖ Comments or Pertinent Information.

Video Submission

- ❖ Videos (Jumps, Spins, Program) will be submitted by email to skate.pc@sasktel.net.

Coaches Information

- ❖ Name.
- ❖ NCCP Level.
- ❖ Contact Information: Phone #, Cell #, Email Address.

Applicants' coach understand that in registering this skater that she/he meets the parameters of the guidelines listed in the application information and has shown the attitude and commitment that would indicate that she/he could be a future competitive figure skater.

- ✚ Include a yes check box to complete and register skater by coach, so all information is included in when submitting application.

- ❖ **Skaters wanting to apply for the JDT or DT can skate at the end of the 2018 STAR Seminar or at end of one of the 2018 Rising Stars Seminar for monitoring by the Program Coordinator. These information/monitoring sessions are free for skaters to attend. Do not have to attend the Rising Stars Seminar to attend monitoring/information sessions.**

Deadline for applications: February 24th, 2018

- ❖ Team selection will be completed immediately following Jean Norman Competition. Notifications will be sent out immediately following team selection.
- ❖ **Applications:** Skate Canada: Saskatchewan - www.skatecanadasaskatchewan.com