



# CanSkate Enhancement Workshop

## *“Building your Best Program”*

The new CanSkate program has taken hold across the country!

Are you ready to take your CanSkate program from GOOD to **GREAT**?

This full day workshop will include classroom and interactive on ice sessions with creative solutions and refreshing new ideas to make CanSkate programs more effective, efficient and fun. These topics are for everyone involved with your CanSkate program- coaches, Program Assistant’s, and volunteers.

Topics covered will include the **CanSkate Essentials**:

- On Ice formats
- Coaching on a circuit
- Adapting circuits
- Creative Fun Zones, Warm ups, Group Activities and Cool Downs
- Delivery standards
- Music selection
- PA Training
- Addressing on-ice situations

*CanSkate ... Even Better!*

