



SKATECANADA
SASKATCHEWAN

2019/2020

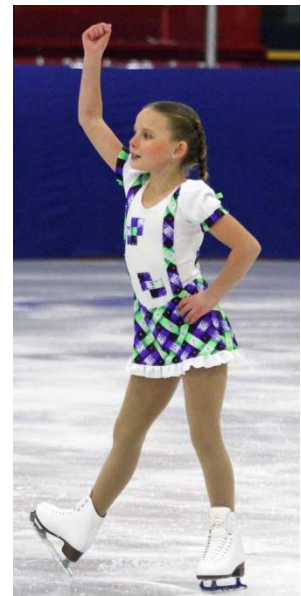
Team Saskatchewan

Development Team

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Junior Development Team

November 2018



Introduction

This document will describe the vision and goals of Skate Canada – Saskatchewan for the Junior Development Team and Development Team. It will provide you with information on the direction and expectations of Skate Canada – Saskatchewan for participating on both Junior Development Team and Development Team. It will also explain the criteria for team members and submission requirements for applications to be on the teams.

Vision

To provide Saskatchewan figure skaters and their coaches the opportunity to participate at all levels. To help develop skaters and their coaches achieve high performance levels in figure skating at the club, regional, provincial, and national levels. To provide a positive and safe environment for all young skaters to participate in the sport and to enable participants to be active in skating from “Learn to Skate” through to “Active for Life”.

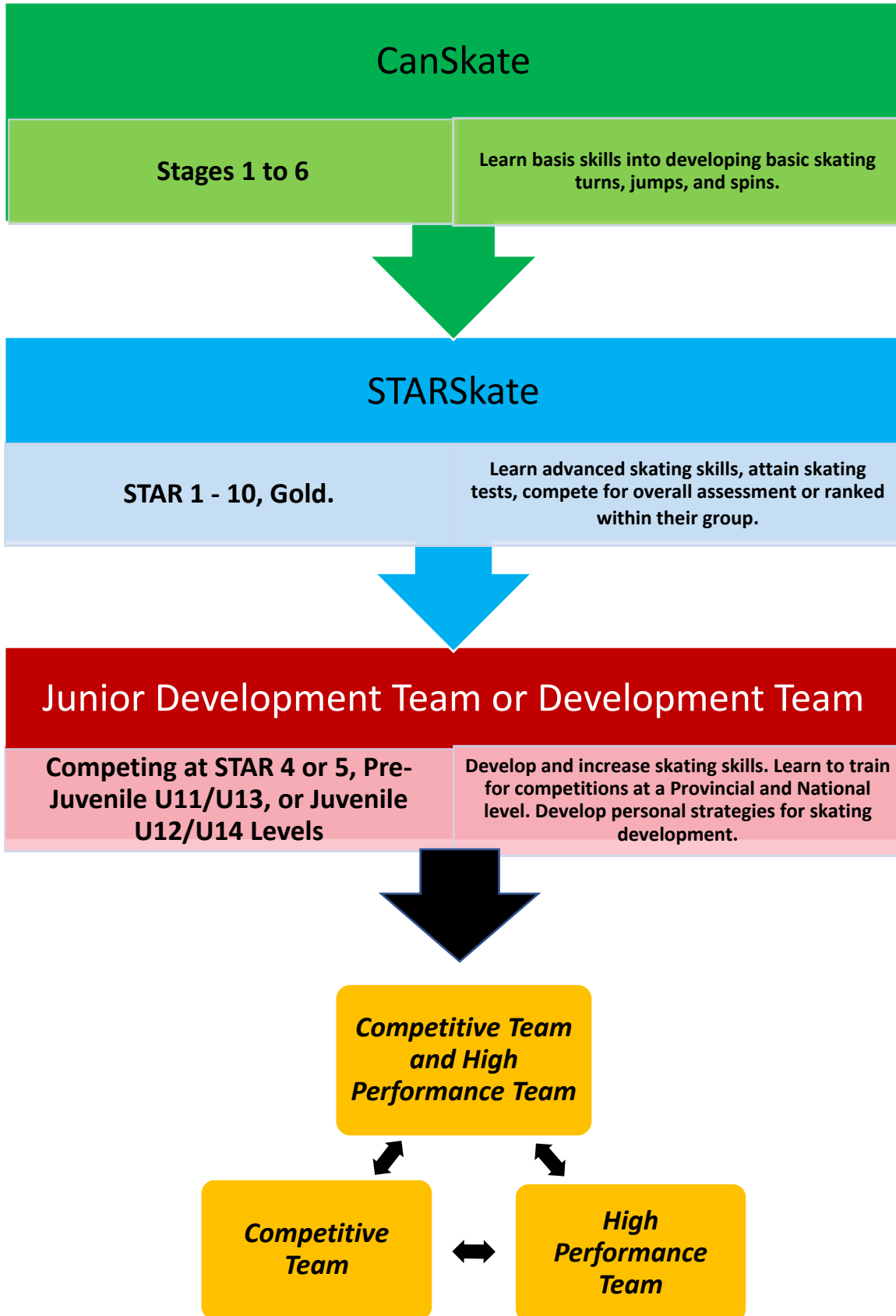
Short Term Goals

To provide support for Saskatchewan skaters and their coaches to adjust their timelines to have skaters prepared earlier in the season (following Sectional Championships) and to be ready for next year’s Sectionals. Increase the standards; by adjusting the criteria for placement on the Junior Development Team and Development Team. To increase communication and cooperation between Skate Canada – Saskatchewan, Regional Coordinators, Clubs, and Coaches. Be an advocate for skaters and coaches. Develop relationships between coaches to enhance collaboration and grow Junior Development Team and Development Team numbers.

Long Term Goals

To increase the standards of performance and skills of Saskatchewan skaters so they are equal to or better than those of other provinces in Canada. To facilitate skaters on the Junior Development Team (JDT) and Development Team (DT) to transition effortlessly to the Competitive Team (CT) or High Performance Team (HPT). To develop skaters with positive social, emotional, physical, and ethical values and skills. Continue to develop relationships between coaches to enhance collaboration and sustain a high number of JDT and DT skaters to progress to the Competitive Team and High Performance Team.

Skater Development Flow Chart



Development Team Opportunities

- + Subsidized programming – camps, monitoring, seminars and potential training days
- + Advocate for skaters and coaches from Program Coordinator
- + Exposure to high level skaters, coaches, judges, and technical specialists to team skaters and their coaches
- + Facilitate the progression of going to the Competitive Team and the High Performance Team
- + Opportunity to access sport science services upon request
- + Participate at: Spring Kick Off Camp (March/April 2019), Performance Camp (August 2019), possible Training Days (October 2019)
- + Agree to sell a minimum of one (1) book of Skaters' Lottery tickets
- + Opportunity to volunteer at a Rising Star Seminar as a mentor skater
- + Ongoing monitoring from Program Coordinator from team selection up to Sectional Championships
- + Your base coach can access information from Program Coordinator
- + Availability for Program Coordinator to strategize with skater and their coach for the upcoming competitive season
- + Skater Development will advocate for provincial skaters and coaches to facilitate successful skaters in their clubs and regions
- + Opportunity to buy a team jacket
- + \$100.00 Volunteer Commitment – refundable upon the completion of a minimum of one (1) volunteer shift at Sask Skate
- + Team Fee: \$375.00
 - Fee includes Spring Kick Off Camp, Team Fee and \$100.00 Volunteer Commitment for Sask Skate
 - Fee does not include Performance Camp, potential Training Days fees and Skaters' Lottery tickets

Development Team Criteria, Submission Requirements, and Assessment

Criteria

- ❖ Competing at a Pre-Juvenile or Juvenile Level
- ❖ Under the age of 14 as of July 1st, 2019
- ❖ Attend a minimum of 3 weeks of summer school
- ❖ Compete at a summer competition
- ❖ Attend Development Team Spring Kick-off Camp.
- ❖ Attend Performance Camp
- ❖ Attend at least one Training Day
- ❖ Agree to sell a minimum of one (1) Skaters' Lottery book
- ❖ Commitment from March/2019 to February/2020
- ❖ Register for the Saskatchewan Summer Series
- ❖ A member in good standing
- ❖ Base Coach or a team coach must be present at camps and seminars
- ❖ Skaters can be asked or requested to join the DT at any time throughout the year provided they meet the criteria

Submission Requirements

- ❖ Submit video of 10 minutes or less of jumps and spins in succession
 - 2 or 3 of each jump and spin
 - Axel
 - 2 to 3 Double Jumps
 - Jump combinations; with at least one double jump
 - Flying spin
 - Combination spin; 3 positions and one change of foot
- ❖ Submit video of program (1 or 2 recordings)
- ❖ Skater will be assessed on technical skills and performance qualities

Assessment of Applicants

- ❖ Using videos to assess skill levels
 - Strong edge and turn control
 - Turn variety
 - Display strength and flexibility
 - Display speed and power
 - Display strong technical skills
 - Display presentational skills while performing program
- ❖ Previous competition scores
 - Spring, Summer, Fall, and Sectionals
- ❖ Observations by Skater Development done from previous camps, seminars, and competitions
- ❖ Communications with skater's base coach
- ❖ Communications with officials

Fees

- ❖ \$100.00 Volunteer Commitment (refundable upon completion of a minimum of one (1) volunteer shift at Sask Skate)
- ❖ Team Fee: \$375.00
 - Fee includes Spring Kick Off Camp, Team Fee and \$100.00 Volunteer Commitment for Sask Skate
 - Fee does not include Performance Camp, potential Training Days fees and Skaters' Lottery tickets

Applicant Submission Form

2019/2020 DEVELOPMENT TEAM

This application will be an online format at <http://www.skatecanadasaskatchewan.com> under Skater Development. The following information will be needed to submit a skater.

Skater Application Information

- ❖ Skater's Name, Phone #, Address
- ❖ Date of Birth
- ❖ Age as of July 1st, 2019
- ❖ Parents/Guardian Names
- ❖ Home Club
- ❖ Email Addresses and Cell #s

Tests Completed, Competitive Experience and Future Competitive Intentions

- ❖ Submit a Yearly Training Plan – 2019/2020 at Spring Kick Off Camp
- ❖ Highest Test Passed
 - Free Skate
 - Skating Skills
 - Dance
- ❖ Previous Competitive Experience 2018/2019.
- ❖ Current Competitive Level
- ❖ Future Competitive Intentions 2019/2020
 - Future Competitive Level
- ❖ Comments and pertinent information
- ❖ Attend a JDT/DT monitoring session at the Rising Star Seminars, Black Boots Seminar for skaters who are interested in joining the team for the next season

Skating Goals and Training Plans

- ❖ Summer: Location, Number of Weeks Skating
- ❖ Fall Training: Location, Number of Weeks Skating
- ❖ Comments or Pertinent Information

Video Submission

- ❖ Videos (Jumps, Spins, Program) will be submitted by email to skate.pc@sasktel.net.

Coaches Information

- ❖ Name
- ❖ NCCP Level
- ❖ Contact Information: Phone #, Cell #, Email Address
- ❖ I, as applicants Coach understand that in registering this skater that she/he meets the parameters of the guidelines listed in the application information and has shown the attitude and commitment that would indicate that she/he could be a future competitive figure skater
- ❖ Include a yes check box to complete and register skater by coach, so all information is included in when submitting application
- ❖ **Base coach or team coach must attend the team camps and seminars**

Deadline for applications: February 25th, 2019

- ❖ Team selection will be completed immediately following Winter Classic. Notifications will be sent out immediately following team selection.
- ❖ Online Applications: www.skatecanadasaskatchewan.com – under Skater Development

Junior Development Team Opportunities

- ✚ Subsidized programming – camps, monitoring, seminars and potential training days
- ✚ Advocate for skaters and coaches from Program Coordinator
- ✚ Exposure to high level skaters, coaches, judges, and technical specialists from team members and their coaches
- ✚ Facilitate the progression of going to the Competitive Team and the High Performance Team
- ✚ Opportunity to access sport science services upon request
- ✚ Participate at: Spring Kick Off Camp (March/April 2019), Performance Camp (August 2019), and possibly Training Days (October 2019)
- ✚ Agree to sell a minimum of one (1) book of Skaters' Lottery Tickets
- ✚ Ongoing monitoring from Program Coordinator from team selection up to Sectional Championships
- ✚ Opportunity to attend a Rising Star Seminars as a mentor skater
- ✚ Availability for Program Coordinator to strategize with skater and their coach for the upcoming competitive season
- ✚ Skater Development will advocate for provincial skaters and coaches to facilitate successful skaters in their clubs and regions
- ✚ Opportunity to buy a team jacket
- ✚ \$100 Volunteer Commitment – refundable upon the completion of a minimum of one (1) volunteer shift at Sask Skate
- ✚ Team Fee: \$375.00
 - Fee includes Spring Kick Off Camp, Team Fee and \$100.00 Volunteer Commitment for Sask Skate
 - Fee does not include Performance Camp, potential Training Days fees and Skaters' Lottery tickets

Junior Development Team Criteria, Submission Requirements, and Assessments

Criteria

- ❖ Compete at STAR 4/5, Pre-Juvenile or Juvenile
- ❖ Under the age of 12 as of July 1st, 2019
- ❖ Attend 2 weeks minimum of summer school
- ❖ Compete at Sectionals, other competitions, or STARSkate Competitions
- ❖ Agree to attend Development Team Kick-off Camp March/April 2019
- ❖ Agree to attend Performance Camp
- ❖ Attend at least one training day
- ❖ Agree to sell a minimum of one (1) Skaters' Lottery book
- ❖ Team commitment from March/2019 to February/2020
- ❖ Be a member in good standing
- ❖ Base coach or team coach must be present at camps and seminars
- ❖ Skaters can join the JDT at anytime throughout the year provided they meet the criteria

Submission Requirements

- ❖ Submit video under 10 minutes or less of jumps and spins in succession
 - Lutz
 - Axel
 - Attempted Double Jumps
 - Camel spin
 - Sit spin
 - Combination spin
 - Flying spin
- ❖ Submit video of program (1 or 2 recordings)
- ❖ Skater will be assessed on technical skills and performance qualities

Assessment of Applicants

- ❖ Using videos to assess skill level
 - Strong edge and turn control
 - Turn variety
 - Display strength and flexibility
 - Display speed and power
 - Display strong technical skills
 - Display presentation skills while performing program
- ❖ Previous competition scores
 - Spring, Summer, Fall, and Sectionals
- ❖ Observations by Skater Development done from previous camps, seminar, and competitions
- ❖ Communications with skater's base coach
- ❖ Communications with officials

Fees

- ❖ \$100 Volunteer Commitment (refundable upon completion of a minimum of one (1) volunteer shift at Sask Skate)
- ❖ Team Fee: \$375.00
 - Fee includes Spring Kick Off Camp, Team Fee and \$100.00 Volunteer Commitment for Sask Skate
 - Fee does not include Performance Camp, potential Training Days fees and Skaters' Lottery tickets

Applicant Submission Form

2019/2020 JUNIOR DEVELOPMENT TEAM

This application will be an online format at <http://www.skatecanadasaskatchewan.com> under Skater Development. The following information will be needed to submit a skater.

Skater Application Information

- ❖ Skater's Name, Phone #, Address
- ❖ Date of Birth
- ❖ Age as of July 1st, 2019
- ❖ Parents/Guardian Names
- ❖ Home Club
- ❖ Email Addresses and Cell #s

Tests Completed, Competitive Experience and Future Competitive Intentions

- ❖ Submit a Yearly Training Plan – 2019/2020 at Spring Kick Off Camp
- ❖ Highest Test Passed
 - Free Skate
 - Skating Skills
 - Dance
- ❖ Previous Competitive Experience 2018/2019
- ❖ Current Competitive Level
- ❖ Future Competitive Intentions 2019/2020
 - Future Competitive Level
- ❖ Comments and Pertinent Information
- ❖ Attend a JDT/DT monitoring session at the Rising Star Seminars, Black Boots Seminar for skaters who are interested in joining the team for the next season.

Skating Goals and Training Plans

- ❖ Summer: Location, Number of Weeks Skating
- ❖ Fall Training: Location, Number of Weeks Skating
- ❖ Comments or Pertinent Information

Video Submission

- ❖ Videos (Jumps, Spins, Program) will be submitted by email to skate.pc@sasktel.net.

Coaches Information

- ❖ Name
- ❖ NCCP Level
- ❖ Contact Information: Phone #, Cell #, Email Address
- ❖ I, as applicant's coach, understand that in registering this skater that she/he meets the parameters of the guidelines listed in the application information and has shown the attitude and commitment that would indicate that she/he could be a future competitive figure skater.
- ❖ Include a yes check box to complete and register skater by coach, so all information is included in when submitting application.
- ❖ Skaters wanting to apply for the JDT or DT can be monitored by the Program Coordinator at the end of the 2018 STAR Seminar or at end of one of the 2018/2019 Rising Star Seminars. These information/monitoring sessions are free for skaters to attend. Do not have to attend the Rising Star Seminar to attend monitoring/information sessions.
- ❖ Base coach or team coach must attend the team camps and seminars.

Deadline for applications: February 25th, 2019

- ❖ Team selection will be completed immediately following Winter Classic. Notifications will be sent out immediately following team selection. Fees are payable at the time of registration.
- ❖ Online Applications: www.skatecanadasaskatchewan.com – under Skater Development