

**Carrot River
&
Churchill Regional
Invitational Competition**



**February 16/17, 2019
Hosted by Region 12
In Prince Albert**

HOST COMMITTEE INFORMATION

Event Name – Carrot River & Churchill Regional Invitational Competition
Event Dates – February 16 & 17, 2019

Host Location – Prince Albert

Host Club Name – Region 12

Competition Chairperson

Name: Sherryl Britton
Phone: 306 232-7549
Email: icesk84me@hotmail.com

Technical Representative

Name: Enid Davidson
Phone: 306 865-2757
Email: e.david@sasktel.net

Assistant Technical Representative

Name: Marlys Mooney
Phone: 306 852-7973
Email: marlys@sasktel.net

Arena Details

Name: Art Hauser Centre
Address: 690 32nd Street East
Phone Number: 306-953-4848
Ice Surface Dimensions: 200 feet X 85 feet

Registration Times: 1 hour prior to event

Accommodation Information

Host Hotel: Holiday Inn Express & Suites
Address: 3589 2nd Ave. West Prince Albert, Sask.
Phone: 306 922-6988
Room Rate: "Figure Skating 2019"

Host Hotel: Super 8 By Wyndham
Address: 4444 2nd Ave West, Prince Albert, Sask.
Phone: 1 800 854 9520

Other Hotel: Best Western Marquis Inn & Suites
Address: 602 Marquis Rd E Prince Albert, Sask.
Phone: 306 922 9595

GENERAL INFORMATION

The competition will be conducted in accordance with the regulations as set forth in the Skate Canada Rule Book.

1. EVENTS

The following events are being offered as part of this competition:

Free Skate	STAR 1 to Gold
Element Events	STAR 2 to Gold
Solo Pattern Dance	STAR 2 to Gold
Couples Pattern Dance	STAR 2 to Diamond
Interpretive Singles	Pre-Introductory to Gold
Creative Improv	Level 1 to Level 4
Team Elements	STAR 2 to Gold
Synchronized Skating	Beginner I, II and Elementary

Skaters may skate up one level.

Skaters registered in Pre-Novice or higher events at 2019 Sectionals (held in November 2018) may not compete at a Regional Invitational Competition **in the same discipline.** Pre-Juvenile and Juvenile single skaters are eligible to compete in an equivalent STAR event.

2. SYSTEM OF MARKING

Assessed to Standard and CPC Judging will be used for events. Please refer to the Competition Program Requirements and applicable guide on the Skate Canada Info Centre for the complete details.

3. SCHEDULE OF EVENTS

Will be **emailed** if an **address** is provided. Otherwise, a schedule will be mailed to all clubs and coaches who have skaters in the competition as soon as possible after the closing of the entries

4. ENTRIES

Entrants in Events shall be:

- Eligible persons as defined in Skate Canada Rule Book.
- Be Associate members in good standing of the Association.

Skaters entering multiple events do so with the understanding that there may be conflicts that CANNOT be resolved.

Registration forms **must be completed in FULL and CORRECTLY** or they will not be processed! Ensure the forms are reviewed for accuracy by the Coach and Parent **BEFORE** submitting them to the Host Committee.

Number of events per competitor entered may be limited at the discretion of the Technical Representative and the host committee.

5. CLOSING DATE OF ENTRIES

All entries must be received no later than **January 4, 2019**. It is the responsibility of the competitor to ensure that their entry is in to the Host Committee Registration person by the closing date, at their own expense. **ALL TEST QUALIFICATIONS MUST BE PASSED BY CLOSING DATE OF THIS COMPETITION.**

Carrot River & Churchill Regional Invitational Competition

6. **ENTRY FEES**

- \$35.00 – Freeskate STAR 1-4
- \$50.00 – Freeskate STAR 5-Gold
- \$40.00 – Elements
- \$35.00 – Interpretive
- \$35.00 – Solo Dance
- \$50.00 – Couples Dance
- \$30.00 – Creative Improv
- \$10.00/skater – Team
- \$50.00 – Synchronized Skating

Cheques or money orders should be made payable to: Churchill Regional Skating

THERE WILL BE A \$50.00 CHARGE FOR ANY NSF CHEQUES RECEIVED.

LATE ENTRIES MAY BE ACCEPTED AT THE DISCRETION OF THE TECHNICAL REPRESENTATIVE AND THE HOST COMMITTEE. IF ACCEPTED, WILL BE SUBJECT TO AN ADDITIONAL FEE OF \$25.00.

7. **MUSIC REGISTRATION**

All music used must be in the public domain or covered by the performing rights societies.

Competitors who have music composed especially for their program either wholly or in part, shall be responsible for obtaining a written release from the composer for the use of such music or appropriate clearance from the performing rights societies.

For the information of Dance competitors: 2001 Skate Canada Series 8 music will be used for all pattern dance events.

Music Requirements

- **ALL SKATERS with the exception of STAR 1 must submit an individual CD when they register at the competition.**
- Only CD's will be accepted. Only one program shall be recorded on each CD.
- The start of the music shall be recorded on the CD with less than two seconds of lead in.
- Competitor's name followed by music time (not skating time) shall be clearly printed on one side of the CD.
- Each CD shall be enclosed in its plastic container, also marked with the skater's name, home club, event and total music time.
- Competitors must hand in their music at the registration desk at least one hour prior to the start of their event. The Organizing Committee will accept no responsibility against damage but will take every precaution to safeguard each CD.
- **A backup CD is a requirement of each competitor and should be at rink-side during the skater's performance**

8. **ACCIDENTS**

Skate Canada, the host Section/Club and the Local Volunteer Team undertake no responsibility for damages or injuries suffered by skaters. As a condition of and in consideration of their entries in these events, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by or connected with, the conduct and management of the competitions and to release any and all claims they may have against the officials, the Association, the Section, the Volunteer Team and against their officers and their entries shall be accepted only on these conditions.

9. **REFUNDS**

Refunds will be issued for medical reasons only! Official notification must be given to Registration in writing before the competitor's Category is scheduled to occur. A medical certificate must be presented to the Host Competition Committee for the refund. Medical certificates must be presented within 48 hours of the close of the Event. A \$25.00 administration fee will be applied to all refunds. No refunds will be issued once a competitor has registered at the Event.

10. **REGISTRATION**

Skaters must register at least 1 hour prior to their scheduled event but no earlier than 45 minutes before the first event of the day. Music must be turned in at the time of registration. **(2 copies of music must be registered with the copy to remain at rink side)**. Skaters must report to the Ice Captain 30 minutes prior to their scheduled event.

Carrot River & Churchill Regional Invitational Competition

11. FLIGHT SYSTEM

If there is a large number of competitors in an event, a flight system will be used at the discretion of the Technical Representative. Flights may be determined by skater's age and home club.

12. EVENT SPECIFICATIONS

An event at the competition will be held if at least two (2) entries are received for that event. Where applicable, categories of an event may be combined to create an event.

The decision to combine events is at the discretion of the Technical Representative and the Host Committee. If an event is not held due to a lack of competitors, the Host Committee will inform competitors and return entry fees.

13. CANCELLATION OF EVENTS

The host club in consultation with the Technical Representative reserves the right to cancel events.

14. COACH ACCREDITATION

Coaches must be a minimum of Regional Coach Certified and must meet the following accreditation standards:

- a. be a current professional coaching member of Skate Canada in good standing

Coaches must register in person.

15. WARM-UP TIMES

These warm-up times follow Skate Canada rules and may not be altered:

STAR 1 Free Skate	3 minutes
STAR 2 Free Skate & Elements	3 minutes
STAR 3 & 4 Free Skate & Elements	4 minutes
STAR 5 to Gold Free Skate & Elements	5 minutes
Solo & Couples Pattern Dance	3 minutes (0:30 no music, 2:30 with music)
Interpretive (all levels)	4 minutes
Creative Improv	3 minutes
Team Elements	3 minutes
Synchronized Skating	1 minute per team

STAR EVENTS

Technical requirements for the following events can be found in the 2018-2019 STAR Technical Requirements Guide on the Skate Canada Info Centre. Please refer to the rule book and guide for details for each of the different events offered.

[Skate Canada Info Centre > Rule Book > Competition Program Requirements – STAR](#)

[Skate Canada Info Centre > Guides > 2018-2019 STAR Technical Requirements Guide](#)

- | | |
|-------------------------|---|
| • Free Skate | STAR 1 to Gold |
| • Couples Pattern Dance | STAR 2/3 to Diamond |
| • Solo Pattern Dance | STAR 2/3 to Gold |
| • Interpretive Singles | Pre-Introductory to Gold |
| • Creative Improv | Level 1 to Level 4 |
| • Element Events | STAR 2 to Gold (**New to 2018-19 season see below technical info) |
| • Team Elements | STAR 2 to Gold |

ELEMENT EVENTS

STAR 2 and 3 will be conducted in an Assessment to Standard format.

STAR 4 and higher events will be conducted in an Assessment to Standard with ranking format.

- Once the event is called the skaters will report to the Referee. There is to be no coaching between the elements. Coaches are not allowed on the ice.
- Elements will be skated in the order listed. The first element will be performed by every skater in the event before the second element is performed, and so on until all four elements have been executed by all skaters.
- Each element may only be attempted once.
- Spins will not be assigned levels
- Extra choreography and footwork will not be permitted in this event.
- STAR 2 to STAR 6 events will use half-ice to perform their jumps. STAR 7 to Gold events will use full ice.
- The open category may be used if there are not sufficient entries to run STAR 6 and above categories.

The elements to be skated are as follows:

STAR 2:

- Loop Jump
- Waltz Jump + Toe Loop combination
- Backward Upright Spin Minimum 3 revs E
- Forward spiral sequence: 2 fwd spirals one on each foot performed on either inside or outside edges, no more than 8 steps between both spirals

STAR 3:

- Flip Jump
- Loop + Loop combination
- Combination Spin; forward entry only, must include at least one camel position and one sit position. Change of foot optional, no flying entry, no difficult variations; minimum of 4 revs or minimum 3 revs on each foot if executing change of foot
- Forward Spiral Sequence: two forward spirals one on each foot performed on either inside or outside edges; no more than 4 steps between; both spirals must be unassisted

STAR 4:

- Single Axel

Carrot River & Churchill Regional Invitational Competition

- Lutz + Loop Jump combination
- Combination spin, forward entry only; must include at least one camel position and one sit position; change of foot optional; no flying entry; no difficult variations; minimum of 4 revs or minimum of 3 revs on each foot if executing change of foot
- Forward Spiral Sequence: two forward spirals one on each foot, no more than 4 steps between; both spirals must be unassisted

STAR 5:

- Single Axel
- Jump Combination: two jumps; may include one double
- Combination spin, forward entry only; must include at least one camel position and one sit position; change of foot optional; no flying entry; no difficult variations; minimum of 4 revs or minimum of 3 revs on each foot if executing change of foot
- Forward Spiral Sequence: two forward spirals one on each foot; no more than 4 steps between; at least one spiral must be unsupported

STAR 6:

- Single Axel
- Any Double Jump
- Flying Spin, one position, no change of foot; minimum of 4 revs
- Forward Spiral Sequence: two forward spirals one on each foot; no more than 4 steps between; at least one spiral must be unsupported

STAR 7/8:

- Any Double Jump
- Jump combination: two jumps; the second must be a double
- Spin in one position, no flying entry or change of foot; minimum of 5 revs in the basic position
- Forward Spiral Sequence: two forward spirals one on each foot; no more than 4 steps between; at least one spiral must be unsupported

STAR 9/10:

- Any double jump; double loop or higher
- Jump combination; two jumps, both must be doubles
- Flying spin, one position; change of foot is optional; minimum of 5 revs or minimum of 4 revs on each foot if executing change of foot
- Bonus element: any jump or spin element not already performed

Gold:

- Any double jump: double flip or higher
- Jump combination; two jumps; both must be doubles
- Combination spin with flying entry and one change of foot; minimum of 5 revs on each foot
- Bonus element: any jump or spin element not performed

SYNCHRONIZED SKATING EVENTS

Carrot River & Churchill Regional Invitational Competition

Technical requirements for the following events can be found in the 2018-2019 Synchronized Skating Assess to Standard Technical Requirements Guide on the Skate Canada Info Centre. Please refer to the rule book and guide for details for each of the different events offered.

[Skate Canada Info Centre > Rule Book > Competition Program Requirements – STAR](#)

[Skate Canada Info Centre > Guides > 2018-2019 Synchronized Skating Assess to Standard Guide](#)

- Synchronized Skating Beginner I, Beginner II and Elementary

Carrot River & Churchill Regional Invitational ENTRY FORM

Registration forms not completed in full will be returned unprocessed!

TO BE COMPLETED BY PARENT/SKATER	Competitor's Name	Please circle: Male Female			
	Home Address & Postal Code	Street Address Code	City	Postal	
	Phone Number		Email		
	Date of Birth (mm/dd/yyyy)		Home Club	Home Club No.	
	Skate Canada No.				
TO BE COMPLETED BY COACH	Name of Coach				
	Phone Number		Email		
	Competitor Test Qualifications (highest passed)	Free Skate:	Elements:	Skating Skills:	
		Dance:	Interpretive:		
	EVENTS ENTERED - Indicate the events you wish to enter. For Team Elements, please complete the Team Elements Entry Form.				
	Free Skate	Elements	Solo Pattern Dance	Couples Pattern Dance	Interpretive
	<input type="checkbox"/> STAR 1	<input type="checkbox"/> STAR 2	<input type="checkbox"/> STAR 2/3	<input type="checkbox"/> STAR 2/3	<input type="checkbox"/> Pre-Introductory
	<input type="checkbox"/> STAR 2	<input type="checkbox"/> STAR 3	<input type="checkbox"/> STAR 4/5	<input type="checkbox"/> STAR 4/5	<input type="checkbox"/> Introductory
	<input type="checkbox"/> STAR 3	<input type="checkbox"/> STAR 4	<input type="checkbox"/> STAR 6/7	<input type="checkbox"/> STAR 6/7	<input type="checkbox"/> Bronze
	<input type="checkbox"/> STAR 4	<input type="checkbox"/> STAR 5	<input type="checkbox"/> STAR 8/9	<input type="checkbox"/> STAR 8/9	<input type="checkbox"/> Silver
<input type="checkbox"/> STAR 5	<input type="checkbox"/> STAR 6	<input type="checkbox"/> STAR 10-Gold	<input type="checkbox"/> STAR 10	<input type="checkbox"/> Gold	
<input type="checkbox"/> STAR 6	<input type="checkbox"/> STAR 7/8	<input type="checkbox"/> Diamond	<input type="checkbox"/> Gold		
<input type="checkbox"/> STAR 7	<input type="checkbox"/> STAR 9/10			<u>Creative Improv</u>	
<input type="checkbox"/> STAR 8	<input type="checkbox"/> Gold			<input type="checkbox"/> Level 1	
<input type="checkbox"/> STAR 9				<input type="checkbox"/> Level 2	
<input type="checkbox"/> STAR 10				<input type="checkbox"/> Level 3	
<input type="checkbox"/> Gold				<input type="checkbox"/> Level 4	
Interpretive Title:					
<i>As a Skate Canada Professional Coach or Club Official, I have reviewed and verified that all sections of this entry are complete and correct.</i>					
Coach or Club Official's Signature _____					

ENTRY FEES:

- \$35.00 – Freeskate STAR 1-4
- \$50.00 – Freeskate STAR 5-Gold
- \$40.00 – Elements
- \$35.00 – Interpretive
- \$35.00 – Solo Dance
- \$50.00 – Couples Dance
- \$30.00 – Creative Improv

CHEQUES PAYABLE TO: Churchill Regional Skating

RETURN FORM TO:

Sherryl Britton
Box 386
Rosthern, Sask.
S0K 3R0

ENTRIES MUST BE RECEIVED BY: **January 4, 2019**

Carrot River & Churchill Regional Invitational Competition
Participant's Release

By my participation in this event, I consent to the known and foreseeable physical risks inherent in the sport of figure skating. These risks include but are not limited to: travel to and from the arena, ice conditions, equipment failure, falls, collisions with other participants and/or instructors, and facility conditions. In assuming these risks, I, the undersigned, forever release, for myself, my heirs, and any person acting on my behalf, the Host Club, Host Town/City and Skate Canada - Saskatchewan, and its directors, employees, volunteers, coaches, officials, instructors, independent contractors, agents and sponsors, from any claim arising from any illness or injury to my person as a result of my participation in this activity.

Participant's Name (print)	Participant's Signature (If 18 years of age or older)
Parent's Signature (If under 18 years of age)	Date

**Forms must be filled in completely, correctly and legibly! Please review forms before submitting them!
Incomplete, incorrect or illegible registration forms will be subject to a penalty up to the equivalent registration fee.**

Carrot River & Churchill Regional Invitational Competition

TEAM ELEMENTS ENTRY FORM
SUBMIT ONE ENTRY FORM AND PAYMENT PER TEAM

Registration forms not completed in full will be returned unprocessed!

TO BE COMPLETED BY COACH	Team Name			
	Team Members	1.	2.	
		3.	4.	
	Contact Phone No.			
	Test Qualifications (highest passed amongst the team)	Free Skate:	Elements:	Competitive:
	Name of Coach			
	Phone Number		Email	
	Name of Home Club			Home Club No.
	Club Contact Person			
	Phone Number		Email	
EVENTS ENTERED Indicate the event you wish to enter.	Team Elements <input type="checkbox"/> STAR 2 <input type="checkbox"/> STAR 7/8 <input type="checkbox"/> STAR 3 <input type="checkbox"/> STAR 9/10 <input type="checkbox"/> STAR 4 <input type="checkbox"/> Gold <input type="checkbox"/> STAR 5 <input type="checkbox"/> Open <input type="checkbox"/> STAR 6			
ENTRY FEES: \$10.00/skater		RETURN FORM TO: Sherryl Britton Box 386 Rosthern, Sask. S0K 3R0		
CHEQUES PAYABLE TO: Churchill Regional Skating		ENTRIES MUST BE RECEIVED BY: January 4, 2019		

Participant's Release

By my participation in this event, I consent to the known and foreseeable physical risks inherent in the sport of figure skating. These risks include, but are not limited to: travel to and from the arena, ice conditions, equipment failure, falls, collisions with other participants and/or instructors, and facility conditions. In assuming these risks, I, the undersigned, forever release, for myself, my heirs, and any person acting on my behalf, the Host Club, Host Town/City and Skate Canada - Saskatchewan, and its directors, employees, volunteers, coaches, officials, instructors, independent contractors, agents and sponsors, from any claim arising from any illness or injury to my person as a result of my participation in this activity.

Participant's Name (print)	Participant's Signature	Parent's Signature
Participant's Name (print)	Participant's Signature	Parent's Signature
Participant's Name (print)	Participant's Signature	Parent's Signature
Participant's Name (print)	Participant's Signature	Parent's Signature
Date	Parents must sign if participant is under 18 years of age.	

Forms must be filled in completely and correctly! Please review forms before submitting them! Incomplete or incorrect registration forms will be subject to a penalty up to the equivalent registration fee.

SYNCHRONIZED SKATING ENTRY FORM

Submit one entry form and payment per team. Registration forms not completed in full will be returned unprocessed.

TO BE COMPLETED BY COACH OR TEAM MANAGER	Team Name				
	Skate Canada Number				
	Team Members	Name	Age	Name	Age
		1.		9.	
		2.		10.	
		3.		11.	
		4.		12.	
		5.		13.	
		6.		14.	
		7.		15.	
	8.		16.		
	Name of Coach				
Phone No.		Email:			
Home Club		Club No.:			
Team Manager					
Phone No.		Email:			
Event	<input type="checkbox"/> Beginner I <input type="checkbox"/> Beginner II <input type="checkbox"/> Elementary				
Entry Fees	\$50.00/Team	Return Form to: Sherryl Britton Box 386 Rosthern, Sask. S0K 3R0			
Cheque Payable To:	Churchill Regional Skating	Entries must be received by: January 4, 2019			

As a Skate Canada Professional Coach or Team Manager, I have reviewed and verified that all sections of this entry are complete and correct.

Coach or Team Manager's Signature: _____

Forms must be filled in completely and correctly. Please review prior to submitting. Incorrect or incomplete registration forms will be subject to a penalty up to the equivalent of the registration fee.

Thank you!