

**2018 STRIDES SPRING
SKATING SCHOOL**



**Sunday April 1st to Saturday April 7th
6 Days Consecutively**

**TEST DAY
Friday April 6th Evening
&/or
Saturday April 7th Moring**

**North Battleford, Sask.
DON ROSS ARENA**

**REGISTRATIONS ARE FIRST COME FIRST SERVE
WITH 50% OF SPRING SCHOOL FEES. ALL FEES
MUST BE BEFORE THE FIRST SKATING DAY PLEASE**

ALL COACHES & SKATERS WELCOME

**FOR MORE INFORMATION CALL
CINDY TYMORUSKI**

**306-481-5048 PH
306-446-7172 FAX**

**strides@sasktel.net
Box 426, Battleford, SK S0M 0E0**

COACHING STAFF

**Cindy Tymoruski Ph; 306-481-5048
strides@sasktel.net
Certified National Coach
Skills, Freeskate, Dance, Interpretive
Rate: \$12.50/15 Min - 41 Yrs. Coaching**

**Greg Melchior Ph; 306-937-3120
Certified Regional Coach - 30 Yrs. Coaching
Stroking, Freeskate + Off-Ice Harness & Spinner
Rate: \$12.00 / 15 Min**

**Sherryl Britton Ph; 306-232-7549
icesk84me@hotmail.com
National Coach Trained CanPowerSkate,
CanSkate Coach University
Skills, Freeskate, Dance, Interpretive
33 Years' Experience
\$13.00 / 15 min private lesson (includes expenses)**

**Neil Tymoruski Ph; 306-491-4825
ntymoruski@gmail.com
Diploma in Child Youth Care Counselling CYCC
Certified National Coach
Freeskate + On-Ice Harness
Rate \$15 /15 min lesson (includes expenses)
32 years coaching experience**

**Jen Chapman Ph; 306-481-3480
jl773@hotmail.com
Off-Ice Classes
Bachelor of Science in Kinesiology & Master in
Physical Therapy YMCA Group Fitness Certified
14 years training experience**

**COACHES YOU ARE ALL WELCOME TO BRING
YOUR OWN STUDENTS**

Or

**PLEASE CONTACT YOUR COACH OF CHOICE
ON THE LIST FOR LESSONS**

ICE FEES

A session is 1 Hour
Skills / Dance or Freeskate

PACKAGE # 1 - \$150.00

(1) 1 Hr. Session / day for 6 Days

PACKAGE # 2 - \$275.00

(2) 1 Hr. Sessions / day for 6 Days

PACKAGE # 3 - \$400.00

(4) 1 Hr. Sessions / day for 6 Days

Package pays for ice time only
lessons are additional
paid directly to the coach of your choice

EXTRA 1 HOUR SESSION

For Registered Skaters \$25.00

Drop in Skaters / Session \$30.00

OFF-ICE CLASS WITH JEN

Sunday Apr. 1st to Friday Apr. 6th

1 hour/day for 6 days \$72

TEST FEES

SKILLS \$25.00

DANCE \$25.00

FREESKATE \$25.00 / part

INTERPRETATIVE \$35.00

APPLICATIONS FIRST COME FIRST SERVE

FOR MORE INFORMATION CALL

CINDY

@ 306-446-7172 fax @306-481-5048 cell

strides@sasktel.net

REQUEST FOR DORMS in Arena

Staying in the Dorms is like Camping Indoors.
Parents & Coaches Stay Free – Skaters \$20/night
Private Shower, Bring Your Own Bed & Bedding,
Common Eating Area. Email will be sent out with details
to make your stay comfortable. There'll be a DVD
player along with a few surprise treats for all skaters

SCHEDULE

PRIMARY

(Advanced Canskate / Primary Star 1 -5)

8:00 AM - 9:00 AM SKILLS & DANCE

9:00 AM - 10:00 AM FREESKATE

10:00 AM - 10:15 AM FLOOD

PRIMARY / INTERMEDIATE

(Star 1 - 5 – Jr. Silver)

10:15 AM - 11:15 AM SKILLS & DANCE

11:15 AM - 12:15 PM FREESKATE

12:15 PM – 12:30 PM FLOOD

INTERMEDIATE / SENIOR

(Junior – Senior Silver)

12:30 PM – 1:30 PM SKILLS & DANCE

1:30 PM – 2:30 PM FREESKATE

2:30 PM – 2:45 PM FLOOD

SENIOR

(Sr. Silver – Gold – Competitive)

2:45 PM – 3:45 PM SKILLS & DANCE

3:45 PM – 4:45 PM FREESKATE

4:45 PM – 5:00 PM FLOOD

5:00 – 6:00 EXTRA SESSION

5:00 – 6:00 PM OFF-ICE WITH JEN

6:15 DONE FOR THE DAY

SCHEDULE SUBJECT TO CHANGE DEPENDING ON NUMBERS

PLEASE MAKE CHEQUES PAYABLE TO
CINDY TYMORUSKI

Please return

Application and waiver form

BOX 426, BATTLEFORD, SK. S0M 0E0

FAX 306-446-7172

strides@sasktel.net

2018 STRIDES SPRING SCHOOL APPLICATION

PREFERED SKATING TIMES

SKATER NAME _____

SKILLS _____

PARENTS NAME _____

FREESKATE _____

EMAIL _____

DANCE _____

MAILING ADDRESS _____
_____ PC _____

EXTRA _____

REQUEST FOR SPRING SCHOOL COACH

AGE _____ BD (m/d/y) _____

COACH _____

PH # _____

Lessons / Day _____ Discipline _____

CELL _____

COACH _____

HOSP # _____

Lessons / Day _____ Discipline _____

SKATE CANADA # _____

COACH _____

CLUB NAME & # _____

Lessons / Day _____ Discipline _____

CLUB ADDRESS _____

_____ OFF-ICE SESSIONS WITH JEN
\$72 Payable directly to Jen Chapman
jlp773@hotmail.com

CLUB OFFICIAL _____

HIGHEST STAR / TEST PASSED _____

REQUEST FOR DORMS

SKILLS _____

Persons _____ X # Nights _____ X \$20= \$ _____

FREESKATE _____

DANCE _____

OTHER _____

REQUEST FOR PACKAGE

PACKAGE # 1 _____ \$150

PACKAGE # 2 _____ \$275

PACKAGE # 3 _____ \$400

_____ **EXTRA SESSIONS** _____

For Registered Skaters \$25.00
Drop in Skaters / Session \$30.00

**CONTACT COACH OF CHOICE FOR LESSONS
or
LET CINDY KNOW YOU'LL BRING YOUR OWN
COACH**

BASE COACH NAME AND PH #

**PLEASE MAKE CHEQUES PAYABLE TO
CINDY TYMORUSKI
Box 426, Battleford, SK. S0M 0E0
strides@sasktel.net
Fax. # 306-446-7172 Cell # 306-481-5048**



**WAIVER FORM
STRIDES SPRINGS SCHOOL 2018**

I _____
AGREE THAT STRIDES SPRING SCHOOL
IS NOT IN ANY WAY RESPONSIBLE FOR
ANY INJURIES OR ACCIDENTS
THAT OCCUR OR ANY
ARTICLES THAT MAY BE STOLEN OR LOST DURING THE
SPRING SCHOOL BEING HELD

Sunday April 1st to Saturday April 7th Consecutively

SKATER

PARENT / GUARDIAN
If under 18 years of age

THANK YOU FOR YOUR ATTENDANCE AND COOPERATION