

STAR Winter Kick-Off Seminar



Saturday, November 24th, 2018

Clavet Community Arena

Clavet, SK

The Skater Development Committee is very excited to be offer a one-day **STAR Winter Kick-Off Seminar** again this year. This seminar is designed to be a valuable learning experience to prepare skaters for training and competing at the STAR 2 to 10, and Gold, Pre-Juvenile and Juvenile levels. The committee feels that the **STAR Winter Kick-Off Seminar** is a very important program to help skaters with the development of skills that will help skaters and their coaches work towards the start of a successful skating season and career. This will be beneficial for those skaters who will be; competing at the upcoming regional competitions, Winter Classic, taking tests, and who are thinking of applying for the Junior Development Team (JDT) or Developmental Team (DT).

Seminar Information

- On-ice sessions will focus on basic skills in skating (jumps, spins, stroking, footwork & presentation), synchro session.
- Off-ice sessions for this age level will or may include off ice jump session, fitness and nutrition, and a theatre/dance class, judges information session.
- Skaters responsible for their own lunch.
- Coaches are welcome to attend at no charge.
- Parents may observe all sessions.
- A Parent discussion session is planned during the day.
- Skaters will be grouped according to their free skate level.
- This seminar has been organized to be great **FUN** and **EDUCATIONAL**.
- Everyone is welcome to attend.
- There will be a JDT and DT monitoring and information session at the end of the seminar for those skaters and coaches who feel they have skaters that are interested in joining the JDT or the DT.

Coaches and Instructors

Guest Coaches – TBA

Team Saskatchewan Members – Competitive Team and/or High-Performance Team

Skate Canada: Saskatchewan Program Coordinator – Neil Tymoruski

Off-Ice Instructors – TBA

Skating Judge – TBA

Eligibility and Selection

Skaters must be eligible to compete at the STAR 2 to 10, and Gold categories, Pre-Juvenile and Juvenile levels. Junior Development Team Development Team members are encouraged to attend as well. ~~The age limit is 14 and under as of July 1st, 2018.~~

Acceptance on a first-come – first-served basis – A limit may be set if required.

*Those who have attended before are welcomed to attend.

Registration Fee: \$ 100.00 (includes any manuals and all activities)

Accommodations: Seminar participants are responsible for their own accommodations.

Holiday Inn Saskatoon Downtown (Skate Canada STAR Seminar)

101 Pacific Ave

Phone (306) 986-5000

Cut-off date: October 23rd, 2018

Lunch: Seminar participants are responsible for their own lunch.

Deadline for Applications: November 16th, 2018

Register at: <https://skatecanada.wufoo.com/forms/mtir4h001v10f0/>

More Information:

Neil Tymoruski at 306-491-4825 or Email: skate.pc@sasktel.net

or

Saskatchewan Section Office at: (306) 780-9245 or Email: skskate.admin@sasktel.net

Dates and Times – Saturday, November 24th, 2018 – 9:00 a.m. – 5:00 p.m.

- Final schedule will be finalized after registration deadline.