



BID TO HOST



Rising Star Seminars

Skate Canada - Saskatchewan Skating Programs Committee in partnership with **SaskEnergy** is offering Rising Star Seminars (RSS) for skaters who are entering the STAR 1 to 3 programming and/or working on CanSkate badges 3 to 6. The age limit is under 13 as of July 1st, 2018. Seminars will have on and off-ice sessions designed in accordance with the Long-Term Athlete Development (LTAD) training phase called "Fundamentals". On-ice sessions focus on basic jump and spin techniques as well as sessions on stroking, presentation/fun activity and synchronized skating. Off-ice sessions focus on activities that will benefit the skater's overall skating and presentation abilities. All sessions are designed with a balance of fun and education. A parent's session and activities will be held as part of the seminar. This one (1) day seminar is held from approximately 9:00 am to 3:30 pm with a forty-five (45) minute break at Noon for lunch. Skaters attending the seminar receive a T-shirt. The seminar is given by Program Coordinator – Neil Tymoruski along with additional Skate Canada - Saskatchewan coaches and Team Saskatchewan members.

Coaches are encouraged to attend the seminars!

The Skating Programs Committee has designed the seminars be a positive learning experience that will create a love and passion of the sport of figure skating for all participants.

Skate Canada – Saskatchewan Responsibilities:

- Organize, promote, process the seminar registrations
- Group skaters and schedule sessions accordingly
- Pay for the ice, the coaches and all materials associated with the seminar.
- Skating Programs reserves the right to cancel a seminar if the numbers are below the minimum required
- Minimum number of registrants: 30 participants

Host Club Responsibilities:

- Book ice time (with music source) from 9:00 AM – 5:00 PM and suitable off-ice area for the seminar.
- Send a facility cost to the Section Office.
- At the end of the seminar, the Skater Development Committee will hold a Junior Development Team (JDT) and Development Team (DT) information and monitoring session for skaters, coaches, and parents who feel they may want their skater to apply for the JDT or DT.
- Provide lunch for the participants at host club's expense
- Promote the seminar locally to club members and to surrounding clubs. The seminars will be open to any Skate Canada member who meets the requirements however priority will be given to local club members provided their applications are received one (1) week prior to the deadline date of the seminar. Maximum 40 skaters per seminar.
- Host club can do fundraising at the seminar by selling 50/50 tickets, raffles, or door prizes.
- Part of the seminar is a off ice dance session. If host clubs know of any dance instructors who can facilitate an off-ice dance class (modern dance, ballet, hip hop, contemporary dance) the program coordinator would appreciate it as we like to utilize local professionals.

Location & Dates:

- Maximum of five (5) seminars located in different regions of the province during the winter season.
- Due to the availability of the Program Coordinator, guest coaches, and Team Saskatchewan members weekend dates, preferably Sundays would be appreciated.
- Indicate on the application your 1st choice and an alternate date
- Preferred Dates:
 - December 1st, 2nd, 9th, 14th, 15th, 21st, 22nd, 28th, 29th
 - Hosting an RSS between Christmas and New Year's Day clubs should consider attendance as skaters may be gone on holidays.

SaskEnergy Rising Star Seminars are a great opportunity to promote skating in your community. We hope clubs will take advantage of this exciting program as it will bridge communication between skaters, coaches, clubs and the Saskatchewan Section.

For more information, please contact Neil Tymoruski at (306) 491-4825 or email skate.pc@sasktel.net

Please consider hosting a **SaskEnergy** Rising Star Seminar, select a date and complete the online application at the Skate Canada: Saskatchewan website under Forms/Grants:

<http://www.skatecanadasaskatchewan.com/forms-grants/>

Deadline for Bids: October 15th, 2018

****The clubs selected will be notified as soon as possible after the deadline date or when the locations and dates are filled according to the criteria****