



# Black Boot Seminar



***Open to all Male Figure Skaters at any age registered in a Skate Canada Can Skate, STAR-Skate or Competitive program.***

**November 25<sup>th</sup>, 2018**

**Clavet, Sask.**

**9:00am – 5:00pm**

***Coaches and Skaters***

***Neil Tymoruski and David Schultz***

***Male Team Saskatchewan Members: Demonstrators and Mentors***

**&**

**March 3<sup>th</sup>, 2019**

**Location: Davidson, SK**

***Coaches and Skaters***

***Neil Tymoruski and **Padget Reidiger*****

***Male Team Saskatchewan Members: Demonstrators and Mentors***

***Coaches of skaters attending seminar are welcome to attend!!***

***What to bring: skates, gloves, warm but flexible skating clothes, running shoes, journal with pen or pencil.***

**Information & Registration are available at:**

**[www.skatecanadasaskatchewan.com](http://www.skatecanadasaskatchewan.com)**

**Application Deadline for November 25<sup>th</sup>, 2018 Seminar: November 16<sup>th</sup>, 2018**

**Application Deadline for March 3<sup>rd</sup>, 2019 Seminar: February 28<sup>th</sup>, 2019**

With small but every growing number of male figure skaters in the province Skate Canada Saskatchewan Skater Development Committee has decided to host 2 exciting “**Black Boots Seminars**”, the first seminar in November in conjunction with the STAR Seminar and the second in conjunction with the Winter Classic. The seminars are facilitated by Neil Tymoruski (Sask. Program Coordinator) and guest coaches, to be determined. Team Saskatchewan members will assist in demonstrations and act as mentors for participants. The objective of the seminar is to bring male figure skaters together for increased appreciation for the sport and to understand the advantages associated participation. Positive and enthusiastic presentations are planned by our instructors to encourage male skaters to continue advancing to higher levels of figure skating. Our goal is that seminar participants realize that they are not alone, but part of a group of athletes working towards common goals in the sport. They will also gain more technical knowledge to help with their progress. The committee feels the **Black Boots Seminar** is a very valuable program and necessary to increase the level of male skaters in the sport.

On-ice sessions will focus on edges, free skating elements (jumps and spins) footwork, stroking for power and strength and fun activities. Off-ice sessions will consist of an: off ice jumps and spin exercises, dance/theatre session. An activity and discussion will be held during lunch and a pair skating session in the afternoon.

**ELIGIBILITY:** Open to all male figure skaters registered in a Skate Canada CanSkate, STARSkate or Competitive program. It is preferred that participants have figure skates. There is no age restriction. All applications will be accepted. Participants will be grouped accordingly (age/level) for on-ice & off ice activities. Coaches and Parents may attend all sessions at no cost.

### **REGISTRATION and FEE**

**\$ 75.00** – Registration is on website: [www.skatecanadasaskatchewan.com](http://www.skatecanadasaskatchewan.com)

If Black Boot participants register for the STAR Winter Kick Off Seminar being held the day before the Black Boots Seminar in Clavet, participants can register for both seminars at a cost of \$150.00. A \$25.00 discount for registering for both seminars. (STAR Winter Kick Off Seminar and Black Boots Seminar – Clavet).

**LUNCH:** Skaters, coaches and family members will be responsible for their own lunch. The concession at the arena may be open.

### **ACCOMMODATION:**

Seminar participants are responsible for their own accommodation.

Holiday Inn Saskatoon Downtown	\$129.00 / night (complimentary parking)
101 Pacific Ave, Saskatoon, SK	1-306-986-5000
Room Block – Skate Canada STAR Seminar	Cut-off date: October 23 <sup>rd</sup> , 2018

### **INFORMATION:**

Contact: Neil Tymoruski – Program Coordinator at (306) 491-4825 or [skate.pc@sasktel.net](mailto:skate.pc@sasktel.net)



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