



1072 McDonald St., Regina, Saskatchewan S4N 2X8

Phone (306) 780-9245 Fax (306) 780-9242

Email: [sk.skate@sasktel.net](mailto:sk.skate@sasktel.net) Web Site: [www.skatecanadasaskatchewan.com](http://www.skatecanadasaskatchewan.com)

**2016 Skate Canada –  
Saskatchewan Annual General  
Meeting & Awards Dinner**

Saturday, April 30<sup>th</sup>, 2016  
Executive Royal Hotel  
Regina, SK

Delegate / Proxy forms have been mailed to the Clubs.

Online registration available at [www.skatecanadasaskatchewan.com](http://www.skatecanadasaskatchewan.com) under Events.

Membership Session Update:

- **Welcoming Newcomers to Canada – Laura Strong, Regina Open Door Society.** As the Saskatchewan landscape continues to change and become increasingly more diverse, sport represents an important way for people to interact and build connections within communities. The sport system has an important role to play in welcoming and engaging newcomers. This session will provide information that will assist your club in understanding the best practices needed to increase awareness and sensitivity when supporting diverse populations to participate in sport.

**2016 Skate Canada –  
Saskatchewan Coaches' Annual  
General Meeting & Awards  
Reception**

Friday, April 29<sup>th</sup>, 2016  
Executive Royal Hotel  
Regina, SK

Guest Speaker – Monica Lockie from the National Performance Centre.

Online registration available at [www.skatecanadasaskatchewan.com](http://www.skatecanadasaskatchewan.com) under Events.

**CanSkate University**

June 18<sup>th</sup> – 19<sup>th</sup>, 2016

Off-Ice: Remai Centre (510 Cynthia St.)  
On-Ice: Act Arena

Learning Facilitator – Leona Boyle

Applications will be available online at [www.skatecanadasaskatchewan.com](http://www.skatecanadasaskatchewan.com) under "Coaching News"

**Aboriginal Coaching Module  
(ACM)**

If you work with, or supervise youth of Aboriginal heritage, this workshop is an essential resource. If you wish to understand, relate to, and apply Aboriginal cultural perspectives that will allow you to motivate, inspire, and lead those youth towards a successful and meaningful

lifestyle, this workshop was designed for you.

This interactive workshop is available to both Aboriginal and mainstream organizations who have Aboriginal youth in their sport, social, or employment programs. An Aboriginal Sport Circle's trained instructor will facilitate discussions which include role playing and group activities to engage all participants. This type of interactive setting has provided a fun, fulfilling and positive learning experience for both participants and facilitators alike.

**Sunday, March 20<sup>th</sup>, 2016  
9:00 AM – 5:00 PM**

Don Ross Centre (Room 107 – door #5)  
891-99<sup>th</sup> Street  
North Battleford, SK

Cost: FREE

To register – Cindy Tymoruski  
(306) 937 – 7354 or  
[sk8battlefords@sasktel.net](mailto:sk8battlefords@sasktel.net)

### **Upcoming NCCP Courses**

Instruction Beginner CanSkate

- May 13<sup>th</sup> – 15<sup>th</sup> Saskatoon
- Oct 14<sup>th</sup> -16<sup>th</sup> Regina

Primary STARSkate

- Sept 16<sup>th</sup> – 18<sup>th</sup> Regina

Online registration available on  
[www.skatecanadasaskatchewan.com](http://www.skatecanadasaskatchewan.com) under  
Coaching News.

### **Attention Parents, Skate Canada would like to hear from you**

We would like to know what you think about Skate Canada programs, so that we can serve you better. We kindly ask that you take just five minutes of your time to [fill out this survey by clicking here](#).

The survey will remain open until March 30, 2016.

Thank you in advance for your time.

### **Competition Bid to Host**

The Competition Committee is now seeking Bid to Host for the following 2017

Competitions:

- Regional Invitational Competitions
- Invitational Synchronized Skating Competitions
- Prairie Regionals Synchronized Skating Competition

Bid to Hosts can be found on  
[www.skatecanadasaskatchewan.com](http://www.skatecanadasaskatchewan.com) under  
Competitions.

### **Ice Summit**

Registration is now open for the 2016 Skate Canada Ice Summit taking place in St. John's, Newfoundland and Labrador from May 25-28. A frequently asked questions (FAQ) document has been prepared to assist you with declaration to attend the Annual General Meeting as either a Voting Delegate or Observer. Click here to declare.

Again this year, voting delegates (Skate Canada professional coaches and attendees voting on behalf of a club or a skating school) as well as those authorized to attend the Annual General Meeting as observers can join the meeting either in person or remotely via an interactive online meeting.

Questions regarding attendance at the Ice Summit or voting at the Annual General Meeting can be directed to the Member Services Department by e-mail at [info@skatecanada.ca](mailto:info@skatecanada.ca). We look forward to seeing you in St. John's!

### **Ice Den**

Have you ever had an idea that could make Skate Canada better? Are you a Skate Canada club executive, coach, official, volunteer or administrator with a great idea on how to improve skating in your club,

March 2016

section and in Canada but just needed the right opportunity? If you are planning to attend the 2016 Ice Summit, here is your chance to share that idea!

Based on the popular TV show, *The Dragon's Den*, Skate Canada will be hosting **The Ice Den** at the 2016 Ice Summit in St. John's, Newfoundland Labrador, on Saturday, May 28, and we are looking for people to pitch their great idea to a panel of "Icebreakers" made up of club, section and national representatives who can help clear the way to make your idea a reality! This is a fun, idea-generating session in which everyone can get involved to connect and collaborate on new and innovative ways of conducting our business.

[Click here for more information and to apply.](#)

### ***The Scoop from the Data Specialists***

Data Specialists are in the midst of the busy winter competition schedule. We have been busy prior to the each Event entering competition data, preparing paperwork for judges & technical panel and start orders for competition ice captains, music technicians, announcers, and posting the start orders for skaters, coaches and parents. During the competition we are busy entering results into the computer, producing results and report cards and posting results. At the five Regional competitions held to date, 18 data specialists and several club volunteers have worked in the DS rooms. With Skate Canada's STAR categories and the brand new Element(Jump & Spin), Pre-Introductory and Introductory Interpretive, Creative, and Team event categories, a new process has been added to Competitions. For these events, skaters are no longer competing against each other, but are assessed to a standard by the judges and awarded ribbons for Gold, Silver, Bronze and Merit placings, and results are not posted. For STAR 4 and up categories in Spin and Jump and Team, results are posted. Be prepared to see many ties in Jump Spin, and Team events, as there are no tie breakers. At one of the Regionals, 6 skaters participated in a STAR

4 Jump category, and all were awarded 1<sup>st</sup> place. Participants, coaches and parents were unbelieving, but it checked out as being correct!

The invitation goes out again to drop in to our room if you have a question, or you are interested in becoming a data specialist.

### ***Aboriginal Community Sport Development Grant (ACSDG)***

The purpose of the Aboriginal al Commun



ity Sport Development Grant Program (ACSDGP) is to provide greater sport participation and development opportunities for Aboriginal youth in Saskatchewan. The program will assist and support the implementation of organized community sport programs to increase sport opportunities for youth in the Aboriginal community, specifically in urban, rural, on-reserve, isolated and northern communities.

For more information on the ASCDG, please visit:

<http://www.sasksport.sk.ca/funding.php#grant>

### ***Saskatchewan Coaches Conference***

**May 6<sup>th</sup> - 7<sup>th</sup>, 2016  
Saskatoon Inn  
Saskatoon, SK**

Coaches make a HUGE difference in their communities. This years Saskatchewan Coaches Conference theme is "Making a Difference".

Conference planning is still in its early stages, but ACOP will continue to sponsor Aboriginal coaches to attend this spectacular event and enhance their professional development.

Stay tuned...more information to come.  
<http://saskcoach.ca>

## **Technical Update**

### **2016-2017 CompetitiveSkate Pattern Dance Draw and Ice Dance Program Requirements**

Following consultation with Skate Canada stakeholders and the Skate Canada High Performance Development Committee, the Skate Canada Technical Coordinating Committee is communicating the CompetitiveSkate Pattern Dance Draw and the Ice Dance Program Requirements for the 2016-17 season.

The 2016-17 CompetitiveSkate Pattern Dance Draw and Ice Dance Program Requirement charts [can be found here](#).

While these program requirements are effective as of July 1, 2016 for the 2016-17 competitive season, sections may choose to follow these requirements at any upcoming Spring competitions.

### **Scale of Values Update – Singles and Pairs**

The Scale of Values (SOV) tables for Singles and Pairs have been updated and [posted to the Info Centre](#) under Technical > Scale of Values (SOV) Tables.

### **2016-2017 Pair Program Requirements**

Following consultation with Skate Canada stakeholders and the Skate Canada High Performance Development Committee, the Skate Canada Technical Coordinating Committee is communicating the Pair Program Requirements for the 2016-2017 season.

The 2016-2017 Pairs Program Requirement charts [can be found here](#).

A summary of the approved changes within the 2016-17 Pairs Program Requirements [can be found here](#).

While these charts include junior and senior requirements, these requirements are

subject to change by the ISU. Any changes will be updated in the Skate Canada Program Requirement charts when they are communicated by the ISU.

These program requirements are effective as of July 1, 2016 for the 2016-2017 competitive season, however sections may choose to follow these requirements at any upcoming Spring competitions.

## **STAR 1 – 5: Getting Ready for Change**

STARSkate is undergoing a refresh and we are happy to share with our stakeholders what is coming. There will be regular communications in the next few months with information on what is changing. This communication is just a brief overview of what to expect.

Communication #1: STAR 1-5 Getting Ready for Change is [now available here](#).

If you have any questions please contact Following consultation with Skate Canada stakeholders and the Skate Canada High Performance Development Committee, the Skate Canada Technical Coordinating Committee is communicating the Pair Program Requirements for the 2016-2017 season.

The 2016-2017 Pairs Program Requirement charts [can be found here](#).

A summary of the approved changes within the 2016-17 Pairs Program Requirements [can be found here](#).

While these charts include junior and senior requirements, these requirements are subject to change by the ISU. Any changes will be updated in the Skate Canada Program Requirement charts when they are communicated by the ISU.

These program requirements are effective as of July 1, 2016 for the 2016-2017 competitive season, however sections may

choose to follow these requirements at any upcoming Spring competitions Coordinator at [hmcMahon@skatecanada.ca](mailto:hmcMahon@skatecanada.ca).

### **Registration Update**

While the Skate Canada Membership Site was being upgraded, our organizations were given a grace period in which to submit registrations. During this grace period, any skaters, officials and/or volunteers who had paid the registration fee to their clubs/skating schools were considered to be registered and were covered by accident insurance, even though these registrations were never submitted to Skate Canada. Please be aware that this grace period will end on March 18, 2016. All of your organization's skaters, officials, board members, on-ice volunteers and anyone else who has participated in Skate Canada programming since September 1, 2015 must be registered through the Skate Canada Membership Site before the end of the grace period.

For questions or assistance, please feel free to contact the Member Services Department at [info@skatecanada.ca](mailto:info@skatecanada.ca). It will be our pleasure to assist you!

### **CanSkate Champions Club Awards Program**

The CanSkate Champions awards program, consisting of ribbons and medals provided to each club to reward three of its CanSkate skaters, will not be in effect for the 2015-2016 season, and is currently under review. Clubs may still recognize CanSkaters for their participation, dedication and efforts and provide their own rewards/incentives if they wish.

Thank you for your understanding as we continue to strive to improve our programming.

### **Skate Canada Numbers are Changing**

Skate Canada is changing the format of the familiar 10-digit Skate Canada number. The new identifier will continue to be 10 characters in length; however, it will be made up of both letters and numbers. This change will help to eliminate the issuance of duplicate Skate Canada numbers. Note that this change does not apply retroactively – **previously issued Skate Canada numbers will remain the same**

### **Respect in Sport (RiS) online program for Coaches**

This educational tool aims to help coaches or a sport leader identify abuse, bullying, harassment and neglect in sport and is required for all coaches in the province of Saskatchewan.



The course is offered online and takes approximately 3 hours to complete.

For coaches who have already taken the RiS and need access to their certification number, please use the following link: <https://validation.respectgroupinc.com>

### **Use of Vocal Music with Lyrics**

\*Special attention: Test Chairs\*

The Skate Canada Board of Directors has approved the use of vocal music with lyrics for all levels of STARSkate and CompetitiveSkate in all disciplines, **effective March 1, 2016.**

After March 1, 2016, there will no longer be a deduction applied for the use of vocal music with lyrics in any test or competition setting.

Documents on the Info Centre referencing the restriction of using vocal music with lyrics will be updated over the coming months.

[Click here for more information.](#)

### **Skate Canada Dispute Resolution Process**

Skate Canada supports the principles of dispute resolution and is committed to the techniques of negotiation, facilitation, mediation and arbitration as effective ways to resolve disputes with and among the individuals involved.

Although conflicts can be difficult and challenging, Skate Canada strongly encourages that the individuals involved make every effort to resolve the conflict amongst themselves.

However; where reasonable efforts to resolve the conflict fail:

- A request may be made to the Club's Board of Directors for assistance to resolve the dispute. *Please reference the **Club Dispute Resolution Procedures Policy** for more information.*
- In the case that a resolution cannot be found on the club level, you may submit a formal complaint to your local Skate Canada Section Office. *Please reference the **Section Dispute Resolution Procedures Policy** for more information.*
- If you have experienced bullying, sexual or discriminatory harassment, you may submit a formal, signed complaint to [safesport@skatecanada.ca](mailto:safesport@skatecanada.ca) providing details of the dates, times, and locations of the incident(s), names of any witnesses to the incident(s), and a detailed description of the offensive behaviour or misconduct

and relevance to the following policies.

### **Membership Complaints Policy**

### **Membership Harassment, Bullying and Discrimination Policy**

For Skate Canada's National Service Centre to consider acting upon a complaint, the nature of the complaint must involve bullying, sexual and/or discriminatory harassment.

If a complaint is activated by the Skate Canada National Service Centre, Skate Canada may refer the complaint to a Hearing Panel and/or to be investigated where it considers that an investigation is warranted.

Please refer to the **Membership Complaints, Investigation and Hearing Procedures** for complete details of the investigation and hearing process.

Pending an investigation or hearing, if Skate Canada considers the action necessary to protect the registrants of Skate Canada or to otherwise fulfill the purposes of the Complaints Policy, or to ensure the integrity of any investigation or hearing process, it may, with or without notice to the Respondent:

- (a) set limits or conditions on the Respondent's membership; or,
- (b) suspend the membership of the Respondent.

For a list of all suspended individuals, [please click here](#).

For all Safe Sport inquiries, please contact us at [safesport@skatecanada.ca](mailto:safesport@skatecanada.ca) or 1.888.747.2372, ext. 2583.



## WHAT IS BULLYING?

*Bullying is a form of harassment and is considered to be "personal harassment" and may occur in-person or through electronic means including e-mail, texting and social media.*

*Each individual has the right to participate in an environment which promotes equal opportunities and prohibits discriminatory and sexual harassment.*

### BULLYING

Bullying includes physical or verbal abuse that occurs once or repeatedly and may involve an imbalance of power.

Bullying is intended to hurt and humiliate the victim and may include:

- Insulting or derogatory remarks or gestures
- Rude or vulgar language or gestures
- Shouting, yelling, swearing, name-calling
- Persistent unwarranted criticism
- Public ridicule
- Verbal, written or physical threats and intimidation
- Hitting, kicking, pushing or other types of forceful physical contact

### HARASSMENT

Every Skate Canada member is entitled to be free from harassment and discrimination.

#### **Discriminatory grounds such as:**

- Gender, Age, Disability, Colour, Race
- Ancestry, Creed, Ethnic Origin
- Family, Martial Status
- Record of Offenses (when a pardon is granted)
- Political, Religious affiliation
- Sexual Orientation

#### **Or sexual harassment such as:**

- unwanted physical contact
- unwelcome sexual flirtations, advances, requests for sexual favours, or invitations, whether indirect or explicit

### ***Safe Sport Update on Incident Reporting***

#### **WHEN SHOULD AN INCIDENT REPORT BE COMPLETED?**

It is at the discretion of the individual responsible at the time of the incident whether or not an incident report should be filled out. From a safe sport perspective it is better to over report than under report especially if insurance claims can stem from the incidents.

Please keep in mind anytime a skater falls and bumps their head, an incident report must be completed in case they may suffer from a concussion. An incident report must also be completed if a skater sustains any other injury. This information is useful and required when dealing with insurance claims stemming from the incident.

Skate Canada strongly encourages you to also report any incident that might help us improve the overall safety in the organization. To report an incident, [click here](#).

#### **WHAT IS THE PURPOSE AND BENEFITS OF AN INCIDENT REPORT?**

- To record details of an unusual event that occurs at the facility, such as an injury.
- Guarantee insurance compliance.
- This tool will allow us to effectively collect and analyze incident information related to skating.
- Detect trends by club such as bad ice, poor lighting, and ventilation issues.

This information will allow us to proactively implement preventative measures and best in class safety programs.

[Read more...](#)

## Calendar of Events

Mar 7 <sup>th</sup>	Road Show	Whitewood
Mar 8 <sup>th</sup>	Road Show	Outlook
Mar 9 <sup>th</sup>	Road Show	Rosetown
Mar 11 <sup>th</sup> – 12 <sup>th</sup>	Living Skies Synchronized Skating Competition	Regina
Mar 18 <sup>th</sup>	High Test Day	Oxbow
Mar 18 <sup>th</sup>	Skater Development Committee Meeting	Saskatoon
Mar 19 <sup>th</sup>	Section Board of Directors' Meeting	Saskatoon
Mar 19 <sup>th</sup>	Crocus Invitational (Synchronized Skating)	Portage, MB
Mar 19 <sup>th</sup>	Low Test Day	Outlook
Mar 19 <sup>th</sup>	High Test Day	Melville
Mar 19 <sup>th</sup>	High Test Day	Prince Albert
Mar 20 <sup>th</sup>	High Test Day	Unity
Mar 20 <sup>th</sup>	Aboriginal Coaching Module (ACM)	North Battleford
Mar 21 <sup>st</sup>	High Test Day	Macklin
Mar 22 <sup>nd</sup> – 23 <sup>rd</sup>	High Test Day	Saskatoon
Mar 23 <sup>rd</sup>	High Test Day	Clavet
Mar 23 <sup>rd</sup>	High Test Day	Kindersley
Mar 24 <sup>th</sup>	High Test Day	Tisdale
Mar 26 <sup>th</sup>	High Test Day	Shaunavon
Apr 2 <sup>nd</sup>	High Test Day	North Battleford
Apr 2 <sup>nd</sup>	High Test Day	Weyburn
Apr 3 <sup>rd</sup>	High Test Day	Humboldt
Apr 22 <sup>nd</sup> – 24 <sup>th</sup>	Spring Kick-Off Camp from Saskatchewan Team	Saskatoon
Apr 29 <sup>th</sup>	Coaches' Annual General Meeting & Awards Reception	Regina
Apr 30 <sup>th</sup>	Section Board of Directors' Meeting	Regina
Apr 30 <sup>th</sup>	Section Annual General Meeting	Regina
Apr 30 <sup>th</sup>	Section Annual Awards Dinner	Regina
May 1 <sup>st</sup>	Section Board of Directors' Meeting	Regina





**SKATE CANADA**  
SASKATCHEWAN

Would like to thank the following sponsors for supporting skating in Saskatchewan.

Saskatoon, Saskatchewan  
**Delta Bessborough**

